



Truth Hurts

Lizzo Bass Tab

C C D C A A E A
G: ----5---5-|-----|
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A: --3-----|-----7---|
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TRUTH HURTS



WHAT ARE SOME TRUTHS YOU'VE LEARNED THIS YEAR?

Grab your journal or print this off and think about some things you've learned. Does it hurt? What about the truth surprised you? How will you use this knowledge to not make the same mistakes?

DON'T TEXT ME, TELL IT STRAIGHT TO MY FACE

Girl, you are fine AF with a spirit that brings shivers of delight to those who meet it. This kind of brilliance deserves to be celebrated. Your truth is your power. Look at yourself in the mirror and speak your glorious truth. Affirmations are powerful. Do it often.